

# Seated Row

- The linked motion arms make the strength training more balanced.
- The motion route and the long handles allow the user to easily find the best training prostitution.
- The foot pedals help the user to minimize the pressure on the chest pad.
- The seat can be adjusted to the user's desired range of motion when used.
- DIM: (L)1350\*(W)1310\*(H)1750mm  
N.W.: 197KG  
Weight stack: Standard: 80KG/ Max: 120KG"

